

## The Hearing Voices Approach

2 Days

This course is the perfect starting place if you are new to the Hearing Voices Approach.

By the end of the 2 days you will have a solid understanding of the hearing voices approach and how to apply it in many practical settings, either for yourself, in your work as a mental health professional or in your family/home environment.



## September

17th & 18th

### The Hearing Voices Approach

211 Chapel Street, Prahran

26th

### Voice Profiling

211 Chapel Street,  
Prahran

## October

15th

### Hearing Voices Group Facilitation

211 Chapel Street, Prahran

29th & 30th

### Group Facilitation for Peer Workers

211 Chapel Street, Prahran

## November

12th & 13th

### The Hearing Voices Approach

211 Chapel Street, Prahran

## Voice Profiling

1 Day

This course is the natural progression from 'The Hearing Voices Approach'. Voice profiling is a set of accessible tools and strategies that help build greater awareness and understanding of a person's voices.

By the end of the day you will have an excellent understanding and practical experience of the 'Maastricht interview' and of 'Mind mapping'.

## Group Facilitation for Peer Workers

2 Day

This interactive, practical workshop is ideal for any current or aspiring peer workers wanting to learn how to facilitate recovery based, peer-led support groups.

This course is not specific to hearing voices and could be useful for any peer facilitator who needs an introductory course on how to get started.

## Want to Know More?

You can keep in touch with updates on Voices Vic's Trainings, News and Events and receive Helpful Tips/ Strategies for dealing with distressing voices by *signing up to our newsletter* at [www.unitingprahran.org.au/ourservices/voices-vic](http://www.unitingprahran.org.au/ourservices/voices-vic)



## Hearing Voices Group Facilitation

1 Day

This interactive 1 day workshop is great if you want to start and/or (co-)facilitate a Hearing Voices support group.

By the end of the workshop you will feel confident as a facilitator and have a great understanding of what it takes to start a Hearing Voices support group.

You will need to have completed 'The Hearing Voices Approach' training to sign up for this workshop.

**For more information & registration visit our website:**

**[www.unitingprahran.org.au](http://www.unitingprahran.org.au) Or call us on: (03) 9692 9500**

**Please note that dates, training and location are subject to change. Check our website for the latest information.**